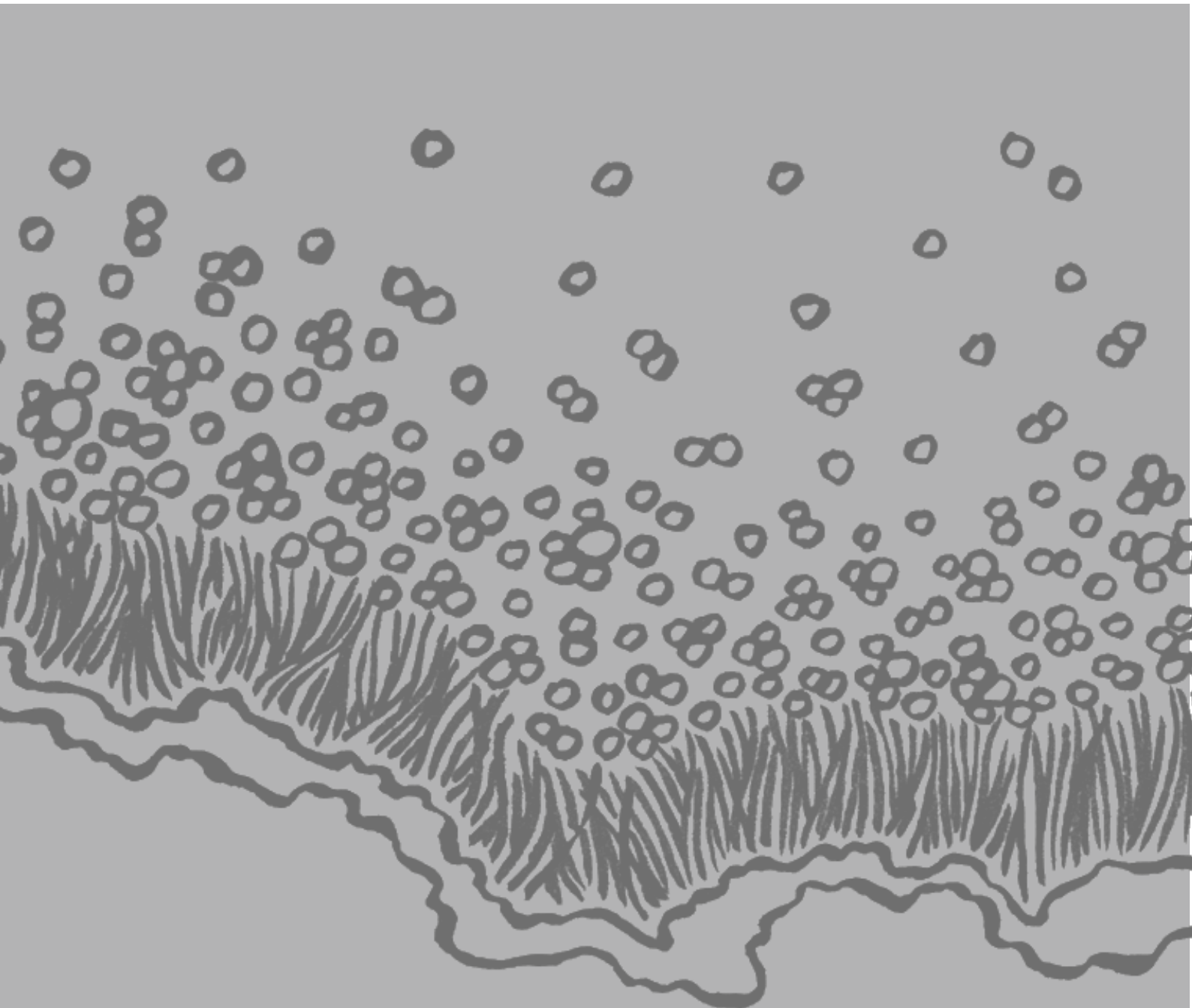




Government of **Western Australia**  
**Mental Health Commission**

# **Strong Spirit Strong Mind Youth Project Community Grant Guidelines 2022**



Enquiries should be addressed to:

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Important notice: the Mental Health Commission and the Drug and Alcohol Office amalgamated on 1 July, 2015. We are now called the Mental Health Commission.



## INTRODUCTION

The Strong Spirit Strong Mind Youth Project Community Grants supports culturally secure initiatives/events/programs. This will enable Western Australian Aboriginal People and organisations to provide activities.

Grants are not intended to be re-current funding and will be a one-off payment.

## OBJECTIVES

The project intends to support Aboriginal people (12-25 years) by:

- Improving their Social and Emotional Wellbeing
- Increasing their awareness and knowledge of the risks associated with alcohol other drug (AOD) use.

To be successful, your application should align to both of these objectives.

## WHO CAN APPLY?

- Aboriginal Community Controlled Organisations
- Aboriginal-owned not-for-profit organisations

Organisations are eligible for **one** application per region.

## WHEN CAN I APPLY?

Applications close **Friday 5pm, 6th May 2022**

**Late applications will not be accepted**

## HOW MUCH CAN I APPLY FOR?

Applicants can apply for funding up to \$30,000 to support the proposed project or activity.

A detailed expenditure budget is required as part of your application.



**WHAT TYPE OF ACTIVITIES CAN I DELIVER?**

*What is Social and Emotional Wellbeing?*

In broad terms, social and emotional wellbeing is the foundation for physical and mental health for Aboriginal and Torres Strait Islander peoples. It is a holistic concept which results from a network of relationships between individuals, family, kin and community. It also recognises the importance of connection to land, culture, spirituality and ancestry, and how these affect the individual. The seven social and emotional wellbeing domains are optimally sources of wellbeing and connection that support a strong and positive Aboriginal and/ or Torres Strait Islander identity grounded within a collectivist perspective.

[National Strategic Framework for Aboriginal and Torres Strait Islander Peoples' Mental Health and Social and Emotional Wellbeing 2017-2023](#)

**Social and Emotional Wellbeing Domains**



*Activities which relate to:*

Domain	Description	Examples of Protective factors
<b>Connection to Body</b>	Physical health feeling strong and healthy and able to physically participate as fully as possible in life.	<ul style="list-style-type: none"> <li>• Access to good healthy food</li> <li>• Exercise</li> <li>• Access to culturally safe, culturally competent and effective health services and professionals</li> </ul>
<b>Connection to Mind and Emotions</b>	Mental health - ability to manage thoughts and feelings.	<ul style="list-style-type: none"> <li>• Education</li> <li>• Agency: assertiveness, confidence and control over life</li> <li>• Strong identity</li> </ul>



**STRONG SPIRIT STRONG MIND YOUTH PROJECT COMMUNITY GRANTS**

<p><b>Connection to Family and Kinship</b></p>	<p>Connections to family and kinship systems are central to the functioning of Aboriginal and Torres Strait Islander societies.</p>	<ul style="list-style-type: none"> <li>• Loving, stable accepting and supportive family</li> <li>• Adequate income</li> <li>• Culturally appropriate family-focused programs and services</li> </ul>
<p><b>Connection to Community</b></p>	<p>Community can take many forms. A connection to community provides opportunities for individuals and families to connect with each other, support each other and work together.</p>	<ul style="list-style-type: none"> <li>• Support networks</li> <li>• Community controlled services</li> <li>• Self-governance</li> </ul>
<p><b>Connection to Culture</b></p>	<p>A connection to a culture provides a sense of continuity with the past and helps underpin a strong identity.</p>	<ul style="list-style-type: none"> <li>• Contemporary expressions of culture</li> <li>• Attending national and local cultural events</li> <li>• Cultural institutions</li> <li>• Cultural education</li> <li>• Cultural involvement and participation</li> </ul>
<p><b>Connection to Country</b></p>	<p>Connection to country helps underpin identity and a sense of belonging.</p>	<ul style="list-style-type: none"> <li>• Time spent on country</li> <li>• Visiting country and engaging in activities to highlight the importance</li> </ul>
<p><b>Connection to Spirituality and Ancestors</b></p>	<p>Spirituality provides a sense of purpose and meaning.</p>	<ul style="list-style-type: none"> <li>• Opportunities to attend cultural events and ceremonies</li> <li>• Contemporary expressions of spirituality</li> </ul>



*What are the type of eligible activities/grant expenditure items?*

- Equipment hire
- Elder payments (\$300.00 maximum per person - per project)
- Venue Hire
- Catering

#### WHAT WILL NOT BE FUNDED?

- Use funds for profit making initiatives or for profit making groups.
- Direct significant funding for purchase of capital items e.g. computers, equipment, videos, vehicles.
- Direct significant funding to contract individuals or pay wages (*no more than 15% of total grant*).
- Direct significant funding to travel or accommodation (*combined travel & accommodation not to exceed 25% of total grant*).
- Duplicate existing local initiatives.
- Projects associated with unhealthy products (e.g. funding from tobacco companies or the liquor industry).
- Projects that do not follow best practice in health promotion.
- Projects that are considered religious in nature.
- Projects that are treatment based such as counselling/therapy.
- Use significant funding for prizes or gifts (*no more than 5% of total grant*).
- Use funds for leasing or renting premises (*excludes short term venue hire*).
- Covering retrospective activity costs.



**HOW WILL WE ASSESS YOUR APPLICATION**

The Strong Spirit Strong Mind Youth Projects Grants Review Committee reserves the right to compare and approve community grants responses in the WA community. The committee’s main purpose is to make a collective decision based on the greatest reach, local community support and culturally secure impact for the allocation of these grants. They are designed as a community response to identified local social and emotional wellbeing (SEWB) and AOD issues. Strong Spirit Strong Mind grants will be limited to \$30,000 unless the grants demonstrate a greater need and improvement of SEWB in a local community.

Organisations are eligible for **one** application per region.

Criteria	Demonstrate an understanding of the grant requirements, including a detailed outline of the proposed activity	Weighting														
<p><b>1. Suitability of proposed services and plan</b></p>	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr style="background-color: #e1eef6;"> <th style="width: 25%;">Essential</th> <th style="width: 25%;">SEWB Domain</th> <th style="width: 50%;">Region</th> </tr> </thead> <tbody> <tr> <td>Must target Aboriginal young people aged 12-25 in Western Australia</td> <td></td> <td rowspan="8"> <ul style="list-style-type: none"> <li>Kimberley</li> <li>Pilbara</li> <li>Midwest</li> <li>Goldfields</li> <li>Wheatbelt</li> <li>Great Southern</li> <li>South West/Peel</li> <li>Perth</li> </ul> </td> </tr> <tr> <td rowspan="7">Must Improve SEWB of Aboriginal young people and Address Aboriginal young people’s AOD use</td> <td>Connection to You as a Person /Body</td> </tr> <tr> <td>Connection to your Mind and Emotions</td> </tr> <tr> <td>Connection to Family and Kinship</td> </tr> <tr> <td>Connection to Community</td> </tr> <tr> <td>Connection to Culture</td> </tr> <tr> <td>Connection to Country</td> </tr> <tr> <td>Connection to Spirituality, Ancestors</td> </tr> </tbody> </table>	Essential	SEWB Domain	Region	Must target Aboriginal young people aged 12-25 in Western Australia		<ul style="list-style-type: none"> <li>Kimberley</li> <li>Pilbara</li> <li>Midwest</li> <li>Goldfields</li> <li>Wheatbelt</li> <li>Great Southern</li> <li>South West/Peel</li> <li>Perth</li> </ul>	Must Improve SEWB of Aboriginal young people and Address Aboriginal young people’s AOD use	Connection to You as a Person /Body	Connection to your Mind and Emotions	Connection to Family and Kinship	Connection to Community	Connection to Culture	Connection to Country	Connection to Spirituality, Ancestors	<p>50%</p>
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<p><b>2. Demonstration of Organisational capacity &amp; demonstrated experience including:</b></p> <ul style="list-style-type: none"> <li>Cultural security</li> <li>Cultural safety</li> <li>Cultural awareness</li> </ul>	<ul style="list-style-type: none"> <li>Demonstrated experience working in and engaging with the local Aboriginal community</li> <li>Applicant must provide details of a recent project, especially any projects or similar proposals which are relevant to the requirements of the Grant, provide a referee in respect and support for the project.</li> </ul>	<p>30%</p>														



<b>3. Specified Personnel</b>	Describe the skills and experience of the proposed team/organiser, especially how their experience relates to executing the grant. Including experience in undertaking similar events/activities and facilitating engaging with a range of stakeholders – and proven experience in engagement of young Aboriginal people (12 - 25 years of age), Aboriginal Community Controlled Organisation’s Service Providers, Aboriginal families, Aboriginal and/or Torres Strait Islander Elders and community members; including the application of appropriate culturally secure strategies	20%
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**ACTIVITY DELIVERY**

Successful applicants will receive funding by 30th June 2022. The expectation is that your program activity needs to be delivered within 6 months from the start of the grant. However, the MHC may negotiate a longer service period if mutually agreed.

A Service Delivery report and Financial Acquittal report is required within 4 weeks upon completion.

Strong Spirit Strong Mind Youth Project needs to be referenced/tagged in all social media, communication and branding.

**GRANT APPLICATION APPROVAL PROCEDURE**

**STEP 1 (Optional)**

**Attend Community Grants Info Session – Friday, 22 April 9:30am-10:30am 2022**

- RSVP to [sssmiyouth@mhc.wa.gov.au](mailto:sssmiyouth@mhc.wa.gov.au)

**STEP 2 (Optional)**

**Contact the Strong Spirit Strong Mind Aboriginal Youth Project Team**

- Applicants should contact the MHC well in advance and discuss your application.
- If experiencing difficulty developing a strategy to address a SEWB/ particular alcohol or other drug issue in your community, MHC staff can assist you with project ideas. Contact SSSMYP Team 08 65530600 or [sssmiyouth@mhc.wa.gov.au](mailto:sssmiyouth@mhc.wa.gov.au).

*Note: Discussing your project with staff does not mean that your application will be successful – applications are reviewed by a committee.*

**STEP 3**

**Complete the Funding Application Form**

- Complete the application form on this [website](#).
- Applications must be signed off by your Committee. Typed names of Committee members in place of signatures are acceptable only for electronic application submission.
- Supporting quotes must be attached for estimated cost of funding the Project that reflects the proposed budget.

**STEP 4**

**Submit Funding Application**

Submit your application electronically to [tenders@mhc.wa.gov.au](mailto:tenders@mhc.wa.gov.au)



## STEP 5

- **Review of the Applications** *Strong Spirit Strong Mind* Youth Project Community Grants Review Committee will review the applications. The committee consists of SSSMAP members and external community representatives.
- **STEP 6 Notification of Outcome** Applications will be notified of the status of their application in writing two weeks after the Grants Review Committee has met.
- Upon acceptance of funding conditions, MHC will pay your invoices.

## STEP 7

### Implementation and Evaluation of Project

- Photos of projects should be accompanied by Photo Release Consent Forms where possible. It may help to nominate a person to be responsible for all media related to the project (from advertisements, flyers to taking photos etc).
- Projects that are granted funding approval will be sent service delivery report attached to the confirmation of funding letter. This is to be completed and returned to the MHC within 4 weeks of the completion of the Project.
- Tag the Strong Spirit Strong Mind Facebook/Instagram account for the community grant initiatives
- It is requested that a photo or video journey be recorded as part of the evaluation process. Journeys could be presented in PowerPoint to highlight the steps taken to complete your project and the final outcome. These may be used to showcase examples of what works well in the community.